



## Tregarthen's Hotel Dinner Menu

Dear customer, welcome and thank you for choosing Tregarthen's to have dinner tonight.

Before you get started here are a few important notes on our dinner menu:

You will find that our menu is made with the freshest products and may be altered upon request.

We also support our local community by using and supplying their products whenever possible.

Gluten Free dishes are denoted with  and vegetarian dishes are denoted with a .

We try to accommodate our customers with food allergies or sensitivities therefore please inform your server so we can try and work around it.

All items on our menu are subject to change due to availability of fresh produce.

**Two courses £24.00**

**Three courses £32.00**

**Complementary Tea or Filter Coffee to finish off your evening in our lounge**

Please do not hesitate If you have any questions or requests, just ask a member of our staff.

Meanwhile, sit back, relax and enjoy the view, our staff will do the rest for you.

## Starters

### Soup of the day 🍲🌿

A wholesome homemade soup served with fresh bread

### Antipasto Board

A Selection of Cured Meats, Artichoke Heart, Olives & Cheese

### Grilled Chicken Caesar Salad

A simple salad of Cos Lettuce, Croutons & Parmesan, finished with a classic Caesar Dressing and topped with grilled Chicken Breast

### French Crevettes 🍤

Shell on steamed French Prawns served with a Marie Rose Sauce, Salad Garnish and Lemon Wedge

### Prawn Sizzler 🍤

King Prawns cooked in Garlic, Chilli & Butter

### Bruschetta 🌿

Tomato, Red Onion & Fresh Herb topped Crostini with a Balsamic Glaze

### Gravlax 🍤

Salmon & White Fish cured in Salt, Dill, Lemon & Beetroot with a salad garnish

### Fattoush Salad 🌿

A Middle Eastern inspired Salad with Olives, Tomatoes, Cucumber, Fresh Leaves & Croutons

## Mains

### Parmesan Crusted Salmon 🍴

Grilled Salmon Fillet with a Parmesan Crust, Seasonal Baby Vegetables & a Lemon Cream

### Half or Whole Lobster (24 hours' notice required) £POA 🍴

Served with a Mornay Sauce, Hand Cut Chips & Mixed Salad

### Canard L'Orange 🍴

Pan-Fried Duck Breast with an Orange Reduction, Dauphinoise Potatoes & Seasonal Baby Vegetables

### Grilled Hake with Mint Cream 🍴

Grilled Hake Fillet served with New Potatoes & Seasonal Baby Vegetables

### Ling a la Meuniere

A Floured Ling Fillet, Pan-Fried in Butter with New Potatoes, Seasonal Vegetables and a Dijon Mustard Cream

### Chicken Parmigiana

Crumbed Chicken Breast with a Tomato, Shallot & Garlic Sauce, topped with Parmesan Cheese, served with Lyonnaise Potatoes & Seasonal Baby Vegetables

## Mains

### T.Bone Steak 🍴

A 12oz T-Bone Steak with Hand Cut Chips & Mixed Salad with a choice of Peppercorn or Mushroom Sauce

### Beef Saltimbocca 🍴

A 10oz Ribeye Steak with a Tomato & Fresh Basil Sauce and Parmesan Cheese, served with New Potatoes & Seasonal Baby Vegetables

### Fresh Homemade Pasta of the Day

Please ask a member of staff for today's Pasta Dish

## Vegetarian Options

### Aubergine Milanese 🌱

A Pan- Fried Crumbed Aubergine slice, topped with a Tomato Sauce & Parmesan, served with Salad

### Greek Salad 🍴🌱

Cos Lettuce, Olives , Feta, Tomato & Cucumber with a Honey Mustard Dressing

### Polenta & Moroccan Couscous 🌱

Two Parmesan topped Polenta Cakes, served with a Classic Moroccan Cous, containing Tomato, Cucumber & Mint with Salad

### Ratatouille & Mushroom 🍴🌱

Two Portobello Mushrooms filled with traditional Ratatouille and served with Salad

## Desserts

### Sticky Toffee Pudding 🍷

Served with a Butterscotch Sauce and Caramel Ice Cream

### Banoffee Pie 🍷

A classic Biscuit base, thick layer of Soft Caramel, Bananas and topped with a Chantilly Cream

### Baked Alaska 🍷

An Individual dessert of Vanilla Ice Cream on a Sponge base topped with Strawberry Jam, encased in Fresh Meringue

### Strawberries & Cream 🍷🍷

Fresh locally picked Strawberries served with a Chantilly Cream

### Decadent Chocolate Brownie 🍷

Homemade Brownie served with Cream or Ice Cream

### Trio of Scillonian Ice Cream or Sorbets 🍷🍷

Locally made Ice Cream & Sorbet from St Agnes, please ask to see today's available selection

Selection of Cornish Cheeses, Onion Chutney & Biscuits 🍷