

# BREAKFAST

## CONTINENTAL BREAKFAST

*Please help yourself from the buffet table*

**Choice of Fruit Juice** (gf, df, nf)

**Selection of Breakfast Cereals** (go)

**Fresh Fruit Salad, Prunes & Orange Segments** (gf, df, nf)

**Freshly Baked Pastries**

**Selection of Dried Fruits** (gf, df, nf)

**Yoghurt** (gf, df, nf)

**Jam, Honey and Marmalade** (gf, df, nf)

## FROM THE KITCHEN

**Full Cornish Breakfast** (do, nf)

Bacon, sausage, hogs pudding, mushrooms, grilled tomato, baked beans, hash brown and egg of your choice (fried, poached or scrambled)

**Boiled Eggs** (df, nf, gf)

Cooked to your liking

**Eggs Royale** (go, nf)

Smoked salmon on a toasted English muffin with poached eggs finished with hollandaise sauce

**Eggs Benedict** (go, nf)

Bacon on a toasted English muffin with poached eggs finished with hollandaise sauce

**Porridge** (gf, nf, df)

Prepared to your liking

**Selection of Cheese and Ham** (gf)

**Smoked Salmon and Scrambled Egg** (go, nf, do)

Served on an English muffin or your choice of either white or brown toast

**Smoked Kipper** (gf, nf, do)

Finished in butter

**SERVED FROM 8 TO 9:30AM**

All items on our menu are subject to availability of fresh produce. Where possible we support our local community by using local produce. To help us to cater for guests with food allergies or sensitivities, please do inform us and we will make every effort to accommodate your needs. Our food is not prepared in a nut free environment.