

Breakfast Menu

Served Monday to Saturday 8 to 9.30am and Sunday from 8.30 to 10am

Continental Breakfast

Please help yourself from the buffet table

Choice of Fruit Juice (gf, df, nf)

Selection of Breakfast Cereal (go)

Fresh Fruit Salad, Prunes & Orange Segments (gf, df, nf)

Freshly Baked Pastries

Selection of Dried Fruits (gf, df, nf)

Yoghurt (gf, df, nf)

Jam, Honey and Marmalade (gf, df, nf)

From the Kitchen

Full Cornish Breakfast (do, nf)

Bacon, sausage, hogs pudding, mushrooms, grilled tomato, baked beans, hash brown and egg of your choice. (fried, poached or scrambled)

Boiled Eggs (df, nf, gf)

Cooked to your liking

Eggs Royale (go, nf)

Smoked salmon on a toasted English muffin with poached eggs finished with hollandaise

Eggs Benedict (go, nf)

Bacon on a toasted English muffin with poached eggs finished with hollandaise sauce

Porridge (gf, nf, df)

Prepared to your liking

Selection of Cheese and Ham (gf)

Smoked Salmon and Scrambled Egg (go, nf, do)

Served on an English muffin or your choice of either white or brown toast

Smoked Kipper (gf, nf, do)

Finished in butter

All items on our menu are subject to change, due to availability of fresh produce.

Where possible support our local community by using local produce.

To help us to cater for guests with food allergies or sensitivities, please do inform us and we will make every effort to help. Our food is not prepared in a nut free environment.